

# Ash Grange Children's Centre Timetable

23rd April - 24th July 2019



Bumps & Babies	A group designed for expectant parents & parents with new babies providing an opportunity to meet other new parents and share experiences. Suitable for 0 - crawling. <b>Just turn up!</b>
Development Review	Health Visitor run child developmental review. Your Health Visitor will contact you directly to book an appointment.
Early Feeding Support	Children Centre staff are available Monday to Friday to offer support & advice with Early Feeding.
Family First Aid	A 2 hour workshop learning essential life saving skills and basic first aid techniques. £3 per Adult <b>Booking required</b> via 01252 350225. Crèche spaces available.
Crawlers to Cruiser PEEP	A 4 week course designed to help parents and their children make the most of play and learning opportunities in everyday life! Suitable for children crawling to confident walking. <b>Booking required</b> via 01252 350 225.
HENRY (Health Exercise Nutrition for the Really Young)	HENRY is a free 8 week course for parents of children aged 0 - 5 years. HENRY is for you if you would like to: Feel more confident as a parent. Get some support to give your child a healthy start. Reduce mealtime stress and see your child eat more fruit and vegetables. Crèche available. <b>Booking required.</b> <b>Booking required</b> 01252 350 225.
Play & Learn	A group designed for parents/carers with children under 5 to help their child develop physical, social, emotional, language and communication skills through a variety of activities. Held at the Ash Parish Centre. <b>Just turn up.</b>
Play & Learn Plus	A monthly group for parents and carers, with children aged 0 - 5 years, who may have any queries or concerns about their child's development and for those who have children with additional needs. <b>Just turn up!</b>
One to Twos PEEP	A 4 week course designed to help parents and their children make the most of play and learning opportunities in everyday life! Suitable for children aged 1-2 years. <b>Booking required</b> via 01252 350 225.
Toy Library	The toy library has a variety of toys which can be hired out to families. We have toys ranging from sensory focussed toys to baby toys and a large variety of outdoor toys. Toy packs are loaned out for 50p per pack.

Please visit us at the Children's Centre

**Email:** [childrenscentre@ash-grange.surrey.sch.uk](mailto:childrenscentre@ash-grange.surrey.sch.uk)

**Website:** [ashgrangechildrenscentre.org](http://ashgrangechildrenscentre.org)

**facebook.com/AshGrangeCC**


Ash Grange Children's Centre, Ash Church Road, Ash,

Surrey, GU12 6LX Tel: 01252 350225

Exclusive service for families in Ash/Reach Area in Surrey



23rd April—24th July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Development Review</b> 9:30am - 12:00pm The Health Visiting Team will contact you directly.</p>	<p><b>PEEP One to Twos</b> 10.00am - 11am 4 week course starting 30 April <b>Booking required</b> 01252 350 225</p>	<p><b>Development Review</b> 9:30am - 12:00pm The Health Visiting Team will contact you directly.</p>	<p><b>HENRY</b> 9.45am—11.45am 8 week course starting 02 May 2019 (exc 30 May half term)</p>	<p><b>Development Review</b> 9:30am - 12:00pm The Health Visiting Team will contact you directly.</p>
<p><b>Family First Aid</b> 9.30am - 11.30am 20th May <b>Booking required</b> £3 per adult 01252 350 225 Crèche available</p>	<p><b>PEEP Crawlers to Cruisers</b> 10.00am - 11am 4 week course starting 18 June <b>Booking required</b> 01252 350 225</p>	<p><b>Toy Library</b> Every Wednesday 9.15am - 9.45am</p>	<p><b>Limited Spaces</b> <b>Booking Required</b> 01252 350 225 Crèche available</p>	<p>On 1 April 2019 Children and Family Health Surrey launches a new Surrey-wide 0-19 Advice Line. Families with children from birth to 19 years old can speak to a health visitor and get support on all aspects of child health, development and parenting by calling 01883 340 922.</p>
<p><b>Play and Learn + SEND Support Group</b> 1:30pm - 2:45pm 29th April, 20th May, 24th June, 29th July</p>	<p><b>Bumps &amp; Babies</b> 1:45pm - 3:00pm  including Early Feeding Support</p>	<p><b>Play &amp; Learn</b> 1:30pm - 2:45pm (Ash Parish Centre, GU12 5DP)</p> <p><b>Portage</b> <b>Invitations Only</b> 9.30am—11am 8th, 15th, 22nd May</p>	<p>Get your vitamins for your child at the Children's Centre. £2 to purchase or collect with a voucher.</p> 	<p>The advice line is open from Monday to Friday 8.00am to 5.00pm</p>